

Last week, I wrote about one of the forms of prayer that can help us to get more out of our time with the Lord, seeing it more as a conversation than a set of memorized prayers, important as those may be. The next form of prayer is similar to what I proposed last week, though from a slightly different angle. This form of prayer involves four parts, which may sound a little daunting, but it can be easily remembered with the following acronym: ACTS. These letters stand for **A**doration, **C**ontrition, **T**hanksgiving, and **S**upplication.

1. Adoration – this is similar to the Trinity Minute prayer I explained last week. In fact, you could follow that pattern for this portion of the prayer, giving praise and adoration to each person of the Holy Trinity. One of my favorite psalms to use when it comes to adoration is Psalm 115. Look it up and pray it!
2. Contrition – in this part of the prayer, we humble ourselves before God and acknowledge that we are sinners. We become aware of our sins and our need for forgiveness and healing from God. We tell God we are sorry for those times when we have turned from Him, and we consider the things we may need to bring to Confession. All the while, however, we are reminded that our Lord, whom we have just adored as a loving and merciful God, delights in sharing His gift of forgiveness with us when we ask for it, especially in the sacrament instituted for that specific purpose.
3. Thanksgiving – this should be self-explanatory, but it is worth our paying attention to. We should establish an “attitude of gratitude” through which we notice God’s working in every moment of our lives. We should be in awe at how wonderfully He accomplishes His will in our loves, both in visible and hidden ways, and always be quick to thank Him.
4. Supplication – this form of prayer is sometimes called intercession. We are all likely familiar with the General Intercessions at Mass following the Creed on Sundays. In the last intercession, we ask the Lord to hear the prayers we hold in the silence of our hearts. These are those things we pray for in our lives, in the lives of those around us, and for the various needs of our Church and our world. We often promise that we will pray for people, and here is a special

place where we make good on those promises by bringing them to the Lord.

I hope you find this method useful as you continue to develop your prayer life. Give it a shot at some point this week, starting small by spending a few minutes with each step. Before you know it, the time will have passed by and you will be amazed at how much praying you were able to do.

As a reminder, to receive a daily reflection and challenge in your inbox, text the word STJUDELNT to 84576. If you received these messages in the past, you are likely already signed up.

- Fr. Alford

LITURGICAL MINISTERS

Saturday, March 21st– 4:30 p.m.

Euch. Min.: Fr. Alford, DeGroot, Tomashavich,
Deacon Walker
Lectors: Bertrand, V. Walker
Servers: C & D Sommer, Western
Hospitality: Auxier, H & M Bruno, Rendok

Sunday, March 22nd– 8:00 a.m.

Euch. Min.: Fr. Alford, Nelson, Vogt,
Deacon Walker
Lectors: Deimel, Dowding
Servers: Lauwerens, P & H Zeidler
Hospitality: McWard, B & R Yong

Sunday, March 22nd– 10:30 a.m.

Euch. Min.: Fr. Alford, Crusen, Kohlrus,
Deacon Walker
Lectors: M & E Schudel
Servers: Kerley, A & M Livengood
Minister of Care: Rendok
Hospitality: D & S Decker
CLOW: Kerley

Volunteers for this week: Mar. 16-Mar. 22

Church Duster: Michelle Bertrand
March Recycling Volunteer: Greg Park
March Food Volunteer: Horstman Family
Coffee & Donuts – Sunday, March 22:
Roger & Mary Beth McClintock

St. Jude Parish Weekly Confession Times

Monday – 5:00-5:20 p.m.
Saturday – 3:30-4:15 p.m.
Sunday – 7:30-7:50 a.m. & 9:45-10:15 a.m.

Anointing of the Sick

If you are going to the hospital for surgery or have a serious illness, receive the Sacrament of the Sick. Please call the parish office to receive the Sacrament, administered privately or during daily Mass. Call Barb Scoggins at 217-498-9197 to have a family member placed on the prayer list.

Prayer List:

Parishioners

Megan Lee, Steven Long, Gary Dumonceaux, Jillian Kohlrus, Shirley Crawford, Rene Runions, Ray Roland, Lynn F. Leach, JoAnn Camille, Betty Rowden, JoAnn Barber, Glen Butcher, Barb Kiel, Mary Rodgers

Kelsie Riedle, niece of David & Tess Riedle
Robert Goin, father of Vicki Walker
Harry Buck, brother of Teri Dambacher
Troy Sweeney, nephew of Maggie Patterson
Tom Helling, brother of Gary Helling
Yvonne Butcher, mother of Barrie Blough
Aloysious Staff, brother of Sylvia Thull
John Rentschler, son of Ginger Rentschler
Glen Limper, son of Al & Betty Limper
Hope Power, daughter of Yvonne Brandis
Donna Meyers, mother of Kellie Brewer
Jim Felts, husband of Dianne Felts
Jerry McCormick, brother of Tom Walker
Margie Lammert, mother of Sarah Clare
Steven Butts, brother of Michelle Bullock
Reba Cloyd, mother of Anita Schwab
Jennifer Harbeck, cousin of Brad Zack
Joanna Laabs, wife of Deacon Al Laabs
John Vercautern, cousin of Laurie White
Frank Stroble, friend of Mary Bruno
Cherie Peterson, niece of Peggy Parnell
Carolyn Carmichael, mother of Leanne Collings
Stephanie Zimmerman, friend of Sarah Clare
Button Pemberton, friend of Guerrettaz family
Teresa Cieciora, friend of Guerrettaz family
Aliana Marecki, friend of Guerrettaz family
Rick Perez, friend of Mary Jo & Jerry Jasinski
Brigham Lanweir, friend of the Zucco family
Megan Mahoney, friend of the Zucco family



Diocesan Victim Assistance Coordinator
Ms. Patricia Kornfeld
217-321-1155

HAPPENINGS THIS WEEK!!!

The † symbolizes the Mass is for someone who is deceased.

- 10-11:00 a** **Confessions**
3:30 p **Confessions**
4:30 p **Mass** (Int: Steven Long)
- Saturday, March 14th**
Confessions
Confessions
Mass (Int: Steven Long)
- Sunday, March 15th**
7:30 a Confessions
8:00 a **Mass** (Int: Carol Spitz†)
9:30 a Wyndcrest: Nelson
9:45 a Confessions
10:00 a Rosary
10:30 a **Mass** (Int: For the Parish)
2:00 p Little Flowers
- Monday, March 16th**
9:00 a Counting Team #3
5:00 p **Confessions**
5:30 p **Mass** (Int: Limper/Engeling families)
6-7:00 p **Confessions**
- Tuesday, March 17th**
7:00 a Morning Prayer
7:30 a **Mass**(Int: Eric Park†)
8:00 a Scriptural Rosary
7:00 p Knights of Columbus mtg.
7:00 p **RCIA**
- Wednesday, March 18th**
7:00 a Morning Prayer
7:30 a **Mass**(Int: Ruthie Liken†)
8:00 a Scriptural Rosary
5:45 p **Stations of the Cross**
6:30 p **PSR**
7:30 p Youth Group
- Thursday, March 19th**
7:00 a Morning Prayer
7:30 a **Mass**(Int: Joyce Hogan†)
8:00 a Scriptural Rosary
7:00 p Men's Prayer Group
7:00 p Choir rehearsal
- Friday, March 20th**
7:00 a Morning Prayer
7:30 a **Mass**(Int: Noah, Frank & George Guerrettaz†)
- 8:00 a** Stations of the Cross
5:00 p K of C Fish Fry
- Saturday, March 21st**
9:10:00 a **Confessions**
1:00 p Sew-n-sews
3:30 p **Confessions**
4:30 p **Mass** (Int: Deacon Frank Maynerich Jr. †)
- Sunday, March 22nd**
7:30 a Confessions
8:00 a **Mass** (Int: Jim & Mary Kates†)
9:30 a Wyndcrest: Rendok
9:45 a Confessions
10:00 a Rosary
10:30 a **Mass** (Int: For the Parish)

**Parish Sacrificial Giving
Fiscal Year 7/1/2019-6/30/2020**

	Last Week	Year-To-Date
Collections (100)	\$ 4,832.05	\$ 198,641.07
Electronic Funds (0)	\$ 0.00	\$ 34,974.80
Bldg. Dev. Fund (10)	\$ 270.00	\$ 10,807.00
EFT-Dev. Fund (0)	\$ 0.00	\$ 5,239.00
Poor Fund	\$ 75.00	\$ 2,037.68
Children's Offering (2)	\$ 10.00	\$ 30.60
Cent./East. Europe(1)	\$ 50.00	\$ 1,243.40
EFT-East Europe (0)	\$ 0.00	\$ 132.00
Catholic Charities (57)	\$ 1,951.00	\$ 2,021.00
EFT-Cath. Charities(0)	\$ 0.00	\$ 232.00
Catholic Relief Serv(2)	\$ 20.00	\$ 50.00

SCRIPTURE READINGS: Mar. 15th – Mar. 22nd:

Sunday:	EX 17:3-7	ROM 5:1-2, 5-8
		JN 4:5-42
Monday:	2KGS 5:1-15B	LK 4:24-30
Tuesday:	DN 3:25, 34-43	MT 18:21-35
Wednesday:	DT 4:1, 5-9	MT 5:17-19
Thursday:	2SM 7:4-5A, 12-14A, 16	
	ROM 4:13, 16-18, 22	MT 1:16, 18-21, 24A
Friday:	HOS 14:2-10	MK 12:28-34
Saturday:	HOS 6:1-6	LK 18:9-14
Sunday:	1SM 16:1B, 6-7, 10-13A	EPH 5:8-14
		JN 9:1-41

Additional Confession Times during Lent

Mon. Mar. 16 - 6:00 pm - 7:00 pm
 Sat. Mar. 21 - 9:00 am - 10:00 am
 Mon. Mar. 23 - 6:00 pm - 7:00 pm
 Tue. Mar. 24 - 6:30 pm - Combined Parish
 Penance Service at Little Flower
 Thu. Mar. 26 - 6:00 pm - 7:00 pm
 Sat. Mar. 28 - 10:00 am - 11:00 am
 Mon. Mar. 30 - 6:00 pm - 7:00 pm
 Thu. Apr. 2 - 6:00 pm - 7:00 pm
 Sun. Apr. 5 - 5:00 pm - 6:30 pm
 Fri. Apr. 10 - 5:00 pm - 6:45 pm

Second Collections – Due to your generosity, St. Jude Parish will be sending **\$2,253.00** to Catholic Charities.

Next weekend, our parish will take up the **Catholic Relief Services Collection**. Funds from this collection provide food to the hungry, support to those who need it and bring Christ's love and mercy to all people here and abroad. Please give generously to the CRSC and help Jesus in disguise.

→PSR NEWS←

The PSR classes will continue their Annual Monthly Food Drive to benefit the Food Pantry. The March food item is Canned Fruit. Thank you in advance for your continued support.

LENTEN REGULATIONS:

Prayer & Fasting **Abstinence** – (1) Everyone 14 years of age and over is bound to abstain from meat on Ash Wednesday and all the Fridays of Lent.

Fast – (2) Everyone 18 years of age and under 59 is required to fast on Ash Wednesday and Good Friday. On these two days of fast and abstinence, only one full meatless is permitted. Two other meatless meals, sufficient to maintain strength may be taken according to each person's needs, but together these two should not equal another full meal. Eating between meals is not allowed. (3) To disregard completely the law of fast and abstinence is seriously sinful.

Lenten Evening of Prayer

Please mark your calendars to join us on **Wednesday, March 25 at 6:30 p.m.** in St. Jude Church for an evening of prayer as we prepare our hearts for Easter. We will have Exposition of the Blessed Sacrament, readings from the Scriptures, a brief meditation, hymns, and silence. We will conclude with Benediction of the Blessed Sacrament. Babysitting will be available, and we will have a cookie reception in the Parish Center following the prayer service.

Upcoming Parish Meetings/Events

Mar. 15, 29 – 2:00 p.m. – Little Flowers
 Mar. 17 – 7:00 p.m. – Knights of Columbus mtg.
 Mar. 17, 24, 31 – 7:00 p.m. RCIA
 Mar. 18 – 6 – 5:45 p.m.-Stations of the Cross
 Mar. 18 – 6 – 6:30 p.m. PSR
 Mar. 18 – 7:30 p.m. – Youth Group
 Mar. 19, 26 – 7:00 p.m. Men's Prayer Group
 Mar. 19 – 7:00 p.m. Choir rehearsal
 Mar. 20, 27- 5:00 p.m. Fish Fry
 Mar. 20, 27 – 8:00 a.m. Stations of the Cross
 Mar. 21 – 1:00 p.m. – Sew-n-sews
 Mar. 25 – 6:30 p.m. – Lenten Evening of Prayer



**Mark your
calendars now!**



The K of C St. Jude Council

9640 annual Fish Fries are scheduled for Mar. 20, 27 & Apr. 3rd.

Father Patrick Cahill Memorial Scholarship

Each year since 2004, the Knights of Columbus Council #9640 has awarded the Father Patrick Cahill Memorial Scholarship to a graduating high school senior. Scholarship information and application are available on the website (stjude.dio.org) or at the Parish Office during regular business hours. **Scholarship applications must be submitted, completely, by April 15, 2020.** The Scholarship will be awarded at the annual Knights of Columbus Appreciation Dinner in May.

Please note: Effective this year, there has been a significant change in the scholarship application regarding the required essay.

This Lenten Season the Church of St. Jude will be doing an **Almsgiving Mission Project** in serving our less fortunate neighbors. This is similar to our Christmas Friends Program with St. Patrick School and Aperion Care.

Our **Almsgiving Mission Project** will be baking cookies or cupcakes for area NFP agencies who help families in need. You may have a favorite family recipe you would like to share! This is a great opportunity for families to practice almsgiving and show Love to those less fortunate.

Please visit the table at the back of the church to see what a difference we can make in serving others! You, your family and/or your friends can help, it's easy! Pick up an Almsgiving Card with a name of an NFP agency to BLESS! Then you, your family or friends can get together at home and bake up the items. If you wish to deliver the goodies, that would be great. If not, we have volunteers who can help with delivery.

We are also **collecting donations of board games, puzzles, color books/crayons and card games for our Lenten Project.** We will accept gently used or new items. This promotes family time and fun for the kids. The best music is a child's laughter. When the kids are laughing and having fun, they are not worrying about the grown-up issues in the family.

Thank you in advance for making a difference in the lives of those less fortunate. If you have any questions, please contact Jeannette Waters at 652-4039 or 529-7280.

All are welcome to join the **St. Jude's sew-n-sews** group! We will meet Saturday, March 21st – 1:00-3:00 p.m. Bring a project, enjoy some snacks and good company! Hope to see you and bring a friend!

Father Michael Gaitley is coming to Blessed Sacrament Parish in Springfield - Father Michael Gaitley, MIC, is the director of evangelization for the Marian Fathers of the Immaculate Conception and the director of formation for the Marian Missionaries of Divine Mercy. He will be speaking at Blessed Sacrament Parish in Springfield on Thursday, March 19 from 7-8 pm on the topic of "God the Father". Father Gaitley is the best-selling author of "33 Days to Morning Glory", "Consoling the Heart of Jesus", "The One Thing is Three" and creator of the All Hearts Afire parish-based programs. Father Gaitley will be speaking on his newest book "33 Days to Greater Glory: A Total Consecration to the Father through Jesus based on the Gospel of John" and will offer a book signing after the event. Please mark your calendars for this incredible opportunity our parish has been blessed with. For more information, contact Morgan Ambrose at ambrose@bssbruins.org

Lenten Retreat for All Women in the Springfield Diocese - Tues.-Wed., March 24-25, Villa Maria, Springfield. Father Brian Alford will serve as the retreat master. Father Alford is the pastor of St. Jude Parish, Rochester and Vocation Director for the Springfield Diocese. The Springfield Diocesan Council of Catholic Women (S.D.C.C.W.) is pleased to sponsor this retreat which will include spiritual presentations, daily Mass, rosary, confessions, prayer, fellowship and more. If you have any questions, please contact Terrie Kallal at kallalterrie@gmail.com or 618-604-7040.



BABY BOTTLE BOOMERANG

Last year, because of the support from programs like the Baby Bottle boomerang, Loving Arms was able to minister to 41 NEW families in our area in addition to those Loving Arms was already serving. Loving Arms fully expects to exceed that number for the 2020 Year!

Covenant Network, invites you to a Benefit Dinner for Catholic Radio on Saturday, March 21 at 6:00 p.m., at the Northfield Center in Springfield. Reservations are required and may be made by calling 877-305-1234 or 314-752-7000, or email teresa@covenantnet.net.